

ROTARY CLUB OF SPEY VALLEY

LAIRIG GHRU SPONSORED WALK
(Linn of Dee to Loch Morlich)

Saturday 12th June, 2010

ENTRY FEE
£10

Please make cheques payable to :-
“ROTARY SPONSORED WALK ACCOUNT”

The entry fee helps us to cover our transport and postage costs, thus enabling us to pass your sponsorship money to the Rotary charities. It cannot be refunded, but in the unlikely event of cancellation of the Walk, any surplus will be donated to these charities.

Additional Sponsorship Forms or Entry Forms may be photocopied from the original, downloaded from our websites, or requested by post.

www.LairigGhru.info or www.CairngormWalk.co.uk

The following three Charities have been chosen as the main beneficiaries of the money raised from this Walk :

END POLIO NOW - An International Rotary programme based on the mass immunisation of all children in countries affected by this disease. The programme has been so successful that only four areas of the world remain where polio is still endemic. The programme started in 1985. Bill Gates of Microsoft has donated \$355m, and Rotary is committed to match this amount.

HIGHLAND HOSPICE - the local centre for the care of terminal cancer patients.

CHAS - the charity providing facilities for children with cancer, their families and carers.

After supporting these main charities, the remainder of the sponsorship monies will be used to benefit smaller local charities and individuals.

ROTARY CLUB OF SPEY VALLEY

SPONSORED WALK 2010

LAIRIG GHRU PASS

SATURDAY 12th JUNE

**IN AID OF END POLIO NOW, HIGHLAND HOSPICE, CHAS
AND LOCAL CHARITIES**



INFORMATION SHEET

AND

ENTRY FORM

Transport will be provided to Linn of Dee for the start of the Walk, leaving Glenmore Lodge between 6.45 and 7.00am. If you prefer to make your own way to Linn of Dee for the start of the Walk at 9.00am, you will be responsible for your own return transport from Glenmore Lodge. Further details will be sent with your sponsor booklet.

Please indicate your transport requirements below.

Please tick one box

From Glenmore Lodge to Linn of Dee

I do not require transport

Entry Forms with cheques made payable to :
“Rotary Sponsored Walk Account”
 should be returned no later than **FRIDAY 4th JUNE 2010**
(14th May if ordering Sweatshirts)

To:

John Hay, Ardarroch, Granish Farm, Aviemore, PH22 1QD
Tel : 01479 810990 Email : jhay693303@aol.com

SOUVENIR SWEATSHIRTS

Sweatshirts will be available with the Walk Logo embroidered on the left front.

The Sweatshirt is black, with the Walk Logo in white.

These are on offer at the excellent price of £20.

Please sent payment with your Entry Form in accordance with the above instructions. Sizes available are Small (36"-38"), Medium (38"- 40"), Large (40"-42", Extra Large (42"-44") and Extra Extra Large (44"-46")

ORDER FORM

	Size	Number	Amount
Sweatshirt @ £20			£
Entry Fee @ £10			£

Cheque enclosed for TOTAL £.....

ENTRY FORM

Only one name per Entry Form - more forms available on the website, or by request.

Please complete this and opposite page.

Surname :.....

First Name :.....
 (Please use BLOCK CAPITALS and enter the name you wish to see on your Certificate)

Address :.....

.....

.....

..... Post Code :.....

Telephone (Inc. Area code) :.....

Email Address :.....**

I wish to take part in the 2010 Lairig Ghru Walk. I agree to carry out any conditions laid down by the organisers, and accept their instructions.

I acknowledge that I am taking part at my own risk, and bind myself and my representatives to free and indemnify the organisers of any claim arising for any reason as a result of the Walk. I also agree to submit all sums from sponsors to the Rotary Club of Spey Valley.

Signature :.....

For Walkers under 18 years : Date of Birth :.....

Signature of Parent/Guardian :.....

Please return your Entry Form together with the £10.00 entry fee to the address overleaf as soon as possible, but definitely **BEFORE FRIDAY 4th JUNE 2010.**

** Email will be used whenever possible to avoid postal costs, and retain as much sponsorship as possible for the Charities